

Wellness Network for Law



ALTC Fellowship

- Available at: <http://www.olt.gov.au/resource-promoting-law-student-well-being-through-curriculum>



The Australian Wellness Network for Law

A collegial community of academics, practitioners, regulators, students and wellness advocates who are committed to:

- Supporting a deeper understanding of the onset and causes of psychological distress for law students and lawyers.
- Addressing the high levels of psychological distress experienced in law.
- Promoting wellness in the legal academy and in the profession.

Network highlights

Annual forums: since 2012

Website: www.wellnessforlaw.com

Twitter: @WellnessForLaw

Listserv: wellness-subscribe@wellnessnetworkforlaw.org

(2014) QUT Law Review at

<https://lr.law.qut.edu.au/>

2016 Routledge Legal Education Series
Book

Network highlights

- Successful curricula and extra-curricula interventions
- The collegiality and commitment of the Network.
- The developing conversation between the academy and the profession.
- Ongoing empirical research.
- The leadership of the TJMF, CALD, Law Societies and Bar Associations, and individuals in the Network.
- Dissemination of our collective efforts.



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Future directions

- Continue to challenge the cognitive dissonance and rationalisation tendencies.
- Continue to gather empirical evidence – particularly about the efficacy of interventions.
- Continue to support the conversation between the profession and the academy.
- Get funding.
- Develop a collective clarity about foundations and imperatives for our commitment and actions.



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